Challenge Sets — Scripture Passages

Reference Guide with Shorthand IDs • From the Waha App

Challenge: Anger

Shorthand: "ChA.1", "ChA.2", etc.

ID	Topic / Story	Scripture Passage
ChA.1	Controlling the Tongue	James 3:2-12
ChA.2	In Your Heart	Matthew 5:21-26
ChA.3	Don't let Anger Control You	Ephesians 4:26-27; 4:31-5:2
ChA.4	Slow to Anger	James 1:19-26
ChA.5	Anger Leading to Sin	Genesis 4:1-12
ChA.6	Proverbs about Anger	Proverbs 15:1; 17:14; 19:11; 22:24-25; 25:28; 29:11
ChA.7	Be Pure	2 Timothy 2:21-26
ChA.8	Do Not Take Revenge	Romans 12:14-21

Challenge: Crisis

Shorthand: "ChCr.1", "ChCr.2", etc.

ID	Topic / Story	Scripture Passage
ChCr.1	Perfect Love Casts out Fear	1 John 4:13-18
ChCr.2	Do not Fear	Isaiah 43:1-7
ChCr.3	Do not Worry	Matthew 6:25-34
ChCr.4	God Works All Things Together for Good	Romans 8:22-28
ChCr.5	God Will Never Leave You	Deuteronomy 31:1-8
ChCr.6	God is our Refuge	Psalms 91:1-8
ChCr.7	God Will Rescue and Protect	Psalms 91:8-16

Challenge: Grief

Shorthand: "ChG.1", "ChG.2", etc.

ID	Topic / Story	Scripture Passage
ChG.1	A Bitter Life	Ruth 1:1-22
ChG.2	Mourning a Son	Genesis 37:18-36
ChG.3	God Rescues	Psalms 34:15-22
ChG.4	Job's Suffering	Job 2:1-10
ChG.5	God Will Be With Us	Isaiah 43:1-7
ChG.6	God Carries our Sins	Isaiah 53:1-12
ChG.7	Lazarus Raised	John 11:1-44

Challenge: Hurt

Shorthand: "ChH.1", "ChH.2", etc.

ID	Topic / Story	Scripture Passage
ChH.1	Man Born Blind	John 9:1-39
ChH.2	Paralyzed Man	John 5:1-15
ChH.3	A Suffering Woman	Mark 5:24-34
ChH.4	Persistent Prayer	Luke 18:1-8
ChH.5	No More Hurt	Isaiah 65:17-25
ChH.6	Jeremiah Weeps	Jeremiah 8:18-22
ChH.7	Love Your Enemies	Luke 6:27-36
ChH.8	Sorrow Leading to Repentance	2 Corinthians 7:5-12

Challenge: Reconciliation

Shorthand: "ChR.1", "ChR.2", etc.

ID	Topic / Story	Scripture Passage
ChR.1	Allow and Forgive	Colossians 3:12-17
ChR.2	Jacob and Esau	Genesis 27:33-38; 28:5; 31:3-5; 31:41; 33:1-11
ChR.3	Joseph and His Brothers	Genesis 37:26-28; 41:14-16; 41:29-33; 41:39-40; 42:1-2; 45:1-8; 45:13-15
ChR.4	Prodigal Son	Luke 15:11-32
ChR.5	Forgive Others	Matthew 18:21-35
ChR.6	Reconciling Others	2 Samuel 14:1-33
ChR.7	Love Your Enemies	Luke 6:27-36
ChR.8	Reconciled with God	2 Corinthians 5:17-6:2

Challenge: Self Esteem

Shorthand: "ChSE.1", "ChSE.2", etc.

ID	Topic / Story	Scripture Passage
ChSE.1	Created in God's Image	Genesis 1:24-31
ChSE.2	Accepted By God	Luke 19:1-10
ChSE.3	God Looks at the Heart	1 Samuel 16:1-13
ChSE.4	Empowered and Helped by God	Exodus 4:1-17
ChSE.5	Give Sacrificially	Mark 12:41-44; 2 Corinthians 8:1-5
ChSE.6	Be Humble	Luke 18:9-17
ChSE.7	Jesus' Example	Philippians 2:1-11
ChSE.8	Trust in the Lord	Jeremiah 17:5-10

Challenge: Stress

Shorthand: "ChSt.1", "ChSt.2", etc.

ID	Topic / Story	Scripture Passage
ChSt.1	Be Strong	1 Peter 5:6-11
ChSt.2	Exalt God	Psalms 34:1-15
ChSt.3	Pray about Everything	Philippians 4:4-9
ChSt.4	God is our Refuge	Psalms 46:1-11
ChSt.5	The Lord is My Shepherd	Psalms 23:1-6
ChSt.6	Future Glory	Romans 8:18-30
ChSt.7	Nothing Can Separate Us	Romans 8:31-39
ChSt.8	Don't Worry	Matthew 6:24-34