Start Here

How to Use the Becoming a Godly Woman Training

For anyone starting or coaching a group: chaplains, volunteers, mentors, and women leading groups inside.

Becoming a Godly Woman helps women become daughters of the Father, sisters, workers, wives, mothers, and finally spiritual mothers to others. There are two documents. **The Scripture Sets are for the women. The Deep Dive is for the leader.**

What's in the Folder

Document	Who uses it	What it's for
Scripture Sets	Every woman in the group	The weekly Discovery Bible Study (DBS). The tables list every passage. The study helps give a key verse, questions, and one practice to do alone and one with others for each set. A woman can start a group with only this document.
Deep Dive	The leader, and the women she is training to lead	Weekly check-in questions, the training path, and tools for specific situations: healing the wounded heart, mothering from inside, the father of her children, preparing for release, and mentoring. Pull from it as needed. Don't teach it straight through.
Master workbook	You	Every passage in one place (Godly Woman tab). Use the Notes column to track where each woman or group is.

The Big Idea

Godly womanhood isn't self-improvement. It starts with what God has done and ends in love (set WOM0). Teach the women this chain and have them memorize it:

> **Grace gives the promises.** *(2 Peter 1:3-4; Titus 2:11)*
> **Hope looks ahead to them.** *(Colossians 1:5; Titus 2:13)*
> **Faith takes hold of them.** *(2 Peter 1:5; Romans 5:1-2)*
> **Virtue practices them, with every effort.** *(2 Peter 1:5-7; Titus 2:12)*
> **Love is where it all leads.** *(1 Corinthians 13:13; 1 Timothy 1:5)*

Starting a Group in Five Steps

1. **Gather two to five women** who want to grow. Give each woman the first pages of the Scripture Sets (the tables).
2. **Begin with WOM0**, one passage a week. It lays the foundation for every other set.
3. **Meet weekly in three parts** (about 45–60 minutes):

Part	What happens	Where to find it
Look Back	How are you really? Did you obey what you said last week? Who did you share with? Ask a few check-in questions.	Check-in questions: Deep Dive, Part 4
Look Up	Read the passage aloud. Have someone retell it in her own words. Discuss with the set's questions.	Discover questions: Scripture Sets, Level 2
Look Forward	What will I obey? Who will I share this with? Choose one practice alone and one with others. Pray for each other by name.	Practices: Scripture Sets, Level 2

4. **Go in order, or go where the need is.** After WOM0, the sets follow the way a woman grows. Or use the chart on the next page to choose the set a woman needs most.
5. **Hand it off early.** After a few weeks, let a group member lead Look Up. When a woman has led well, help her start her own group (2 Timothy 2:2).

Which Set When?

If a woman is…	Start with
New, or needs the foundation	WOM0 How a Woman Grows; WOM2 What Is a Godly Woman?
Carrying deep hurt, abuse, or a father wound	WOM1 The God Who Sees (with Deep Dive, Part 2)
Young in the faith and needs a mother's wisdom	WOM3 Wisdom for Daughters; WOM6 The Godly Daughter
Struggling to meet with God alone	WOM4 The Secret Place
Struggling with tongue, temper, appetites, or worth	WOM5 Self-Control and Worth (also Strength Under Control, Dangerous Desires)
Isolated, caught in drama, or with the wrong crowd	WOM7 Friend and Sister
Working a job inside, or preparing for one outside	WOM8 The Godly Worker
Dating, writing to men, or hoping to marry	WOM9 Pursuing Marriage
Married	WOM10 The Godly Wife (if unsafe, see the Deep Dive care notes)
A mother	WOM11 The Godly Mother; WOM12 Mothering from Inside (with Deep Dive, Part 5)
Mature and ready to invest in others	WOM13 Spiritual Mother and Mentor (with Deep Dive, Part 7)

Which Deep Dive Tool When?

When…	Use
Every week	Weekly Check-In Questions (Part 4), during Look Back
You're deciding a woman's next step	The Training Path (Part 4): her stage, sets, and practices
Abuse, shame, or a father wound comes up	Healing the Wounded Heart, nine steps and care note (Part 2)
A woman wants to reach her children	The five-part letter, caregivers, and case plan tools (Part 5)
There's conflict with her children's father	Making Things Right with the Father (Part 5), safety first
Release is coming, ideally 90 days or more ahead	Preparing for Release, including safe housing (Part 6)
A woman is ready to mentor	Older Women Mentoring Younger Women (Part 7)
You're training a new leader	Walk her through Part 1 (why it works) and Part 7 (how to multiply)

Keep It Simple and Reproducible

- **Obedience over information.** Measure growth by what women obey and share.
- **The Scripture Sets are enough to start.** If a new leader can't run a group without the Deep Dive, simplify.
- **Every woman is a future leader.** Expect each woman to pass on what she learns to someone else.
- **Lean on the Spirit.** Teach S.W.A.P. (Surrender, Wait, Avoid, Prompting). God grows the fruit (Galatians 5:22-25).
- **Follow facility rules** and court orders when contacting family. Safety comes before reconciliation.

> *"…they should teach others what is good. These older women must train the younger women…"*
> **Titus 2:3-4 (NLT)**

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