Becoming a Godly Woman

Scripture Sets on Godly Womanhood: Daughter, Sister, Worker, Wife, Mother, Spiritual Mother

14 scripture sets, 127 passages • Shorthand: WOM0.1 – WOM13.9 • Companion: Becoming a Godly Woman — Deep Dive

Set	Theme	Stage	Virtue it grows
WOM0	How a Woman Grows	Foundation	Faith, hope, love, and the four hinges
WOM1	The God Who Sees	Foundation	Faith and hope
WOM2	What Is a Godly Woman?	Foundation	Hope and courage
WOM3	Wisdom for Daughters	Daughter	Wisdom
WOM4	The Secret Place	Alone	Faith and hope
WOM5	Self-Control and Worth	Alone	Self-control
WOM6	The Godly Daughter	Daughter	Justice (honor)
WOM7	Friend and Sister	Sister	Love (sisterly affection)
WOM8	The Godly Worker	Worker	Justice
WOM9	Pursuing Marriage	Girlfriend to Engaged	Self-control and wisdom
WOM10	The Godly Wife	Wife	Love
WOM11	The Godly Mother	Mother	Courage and love
WOM12	Mothering from Inside	Mother	Justice and hope
WOM13	Spiritual Mother and Mentor	Older Woman	Wisdom and love

Start with WOM0. It shows the engine behind every other set: God's grace gives the promises, hope looks ahead to them, faith takes hold of them, virtue practices them, and love is where it all leads (2 Peter 1:3-7; Titus 2:11-14; Colossians 1:5; 1 Corinthians 13:13). The right-hand column shows which virtue each set grows.

After WOM0, the sets move in order, the way a woman grows: first being seen and loved by the Father, then learning what a woman is, then growing as a daughter, in the secret place, as a sister and a worker, toward marriage, as a wife and mother, and finally as a spiritual mother to others. Use them in order, or go straight to the set a woman needs most. Each set has study helps in Level 2, with a practice to do **alone** and a practice to do **with others**. The companion deep dive gives the bigger picture, the training path, and tools for healing, mothering from inside, and life after release.

WOM0 How a Godly Woman Grows: From Grace to Love — *Foundation*

ID	Topic	Scripture Passage
WOM0.1	Everything We Need, by Knowing Him	2 Peter 1:3-11
WOM0.2	Grace Trains Us to Say No and to Live Godly Lives	Titus 2:11-14
WOM0.3	Hope Is Where Faith and Love Come From	Colossians 1:3-8, 21-23
WOM0.4	Faith, Hope, and God's Love Poured into Our Hearts	Romans 5:1-5
WOM0.5	Wisdom: The Wise Woman of Abel Saves Her City	2 Samuel 20:14-22; James 3:13-18
WOM0.6	Justice: The Daughters of Zelophehad Ask for What Is Right	Numbers 27:1-11; Micah 6:8
WOM0.7	Courage: Esther Risks Her Life for Her People	Esther 4:10-17
WOM0.8	Self-Control: A City with Walls, a Life Led by the Spirit	Proverbs 25:28; Galatians 5:16-25
WOM0.9	The Greatest Is Love: The Woman Who Loved Much	Luke 7:36-50; 1 Corinthians 13:1-13

WOM1 The Wounded Heart and the God Who Sees — *Foundation*

ID	Topic	Scripture Passage
WOM1.1	The God Who Sees Me	Genesis 16:1-13
WOM1.2	Close to the Brokenhearted	Psalm 34:15-22; 147:3
WOM1.3	Tamar: Abused, and Not to Blame	2 Samuel 13:1-22
WOM1.4	Jesus Frees a Daughter of Abraham	Luke 13:10-17
WOM1.5	Jesus Defends a Shamed Woman	John 8:1-11
WOM1.6	A Father to the Fatherless	Psalm 68:5-6; 27:10
WOM1.7	Adopted as God's Daughters	Romans 8:14-17; 2 Corinthians 6:18
WOM1.8	Beauty for Ashes	Isaiah 61:1-3
WOM1.9	Breaking the Generational Pattern	Ezekiel 18:1-4, 14-20

WOM2 What Is a Godly Woman? — *Foundation*

ID	Topic	Scripture Passage
WOM2.1	Made in God's Image	Genesis 1:26-31
WOM2.2	A Helper Just Right: Strength Alongside	Genesis 2:18-25; Psalm 121:1-2
WOM2.3	Where Eve Was Deceived, and God's First Promise	Genesis 3:1-15, 20
WOM2.4	The Woman of Valor	Proverbs 31:10-31
WOM2.5	Beauty That Lasts	1 Peter 3:3-6
WOM2.6	Mary Says Yes to God	Luke 1:26-38
WOM2.7	The Women Who Followed Jesus	Luke 8:1-3; 23:55–24:11
WOM2.8	Mary Magdalene: First Witness of the Risen Lord	John 20:1-18
WOM2.9	Your Daughters Will Prophesy	Acts 2:16-18; Galatians 3:26-28

WOM3 Wisdom for Daughters: Proverbs and the Two Women — *Daughter*

ID	Topic	Scripture Passage
WOM3.1	Listen, My Child: The Fear of the LORD	Proverbs 1:1-9
WOM3.2	When Sinners Entice You	Proverbs 1:10-19
WOM3.3	Trust the LORD with All Your Heart	Proverbs 3:1-12
WOM3.4	Guard Your Heart	Proverbs 4:20-27
WOM3.5	Wisdom Calls Out Like a Woman in the Streets	Proverbs 8:1-21
WOM3.6	Two Women Calling: Wisdom and Folly	Proverbs 9:1-18
WOM3.7	The Wise Woman Builds Her House	Proverbs 14:1; 24:3-4
WOM3.8	Words That Heal or Wound	Proverbs 12:18; 15:1-4; 31:26
WOM3.9	A Mother's Wise Teaching	Proverbs 31:1-9

WOM4 The Woman in the Secret Place — *Alone*

ID	Topic	Scripture Passage
WOM4.1	Mary Sits at Jesus' Feet	Luke 10:38-42
WOM4.2	Hannah Pours Out Her Soul	1 Samuel 1:1-20
WOM4.3	Hannah's Song	1 Samuel 2:1-10
WOM4.4	Mary's Song of Praise	Luke 1:46-55
WOM4.5	Your Father Who Sees in Secret	Matthew 6:1-18
WOM4.6	Mary Treasured These Things in Her Heart	Luke 2:15-19, 51
WOM4.7	Be Still and Know	Psalm 46:1-11

ID	Topic	Scripture Passage
WOM4.8	The Woman Who Kept Asking	Luke 18:1-8
WOM4.9	Search Me, O God	Psalm 139:1-12, 23-24

WOM5 Strength Under Control: Tongue, Temper, Appetites, and Worth — *Alone*

ID	Topic	Scripture Passage
WOM5.1	Better Than a Warrior	Proverbs 16:32; 25:28
WOM5.2	Taming the Tongue	James 3:1-12
WOM5.3	Gossip, Slander, and Drama	Proverbs 16:28; 26:20-22; Titus 2:3
WOM5.4	Eve: When Desire Looks Good	Genesis 3:1-7; James 1:13-15
WOM5.5	Your Body Is a Temple	1 Corinthians 6:12-20
WOM5.6	Worth That Doesn't Come from Men	1 Peter 3:3-4; Psalm 139:13-16
WOM5.7	Not Mastered by Drink or Drugs	Proverbs 23:29-35; Ephesians 5:15-18
WOM5.8	Freedom from Fear and Worry	Philippians 4:4-9
WOM5.9	Bitterness and Anger	Ephesians 4:26-32

WOM6 The Godly Daughter — *Daughter*

ID	Topic	Scripture Passage
WOM6.1	Honor Your Father and Mother	Exodus 20:12; Ephesians 6:1-3
WOM6.2	A Wise Child Brings Joy	Proverbs 10:1; 23:22-25
WOM6.3	Jesus Cares for His Mother from the Cross	John 19:25-27
WOM6.4	Jairus's Daughter: “Little Girl, Get Up”	Mark 5:21-24, 35-43
WOM6.5	“Daughter, Your Faith Has Made You Well”	Mark 5:25-34
WOM6.6	Esther Listens to the Man Who Raised Her	Esther 2:5-20; 4:12-14
WOM6.7	Caring for Parents Pleases God	1 Timothy 5:4, 8; Mark 7:9-13
WOM6.8	The Father Welcomes His Child Home	Luke 15:11-32
WOM6.9	Forgiving Family Who Hurt You	Genesis 50:15-21

WOM7 The Godly Friend and Sister — *Sister*

ID	Topic	Scripture Passage
WOM7.1	Ruth and Naomi: Covenant Friendship	Ruth 1:1-18
WOM7.2	Mary and Elizabeth: Joy Shared	Luke 1:39-56
WOM7.3	Rachel and Leah: When Sisters Compete	Genesis 29:31–30:24
WOM7.4	Martha and Mary: Two Sisters, One Lord	John 11:1-5, 17-44
WOM7.5	Euodia and Syntyche: Sisters Who Need to Make Peace	Philippians 4:1-3
WOM7.6	Bad Company Corrupts	Proverbs 13:20; 1 Corinthians 15:33
WOM7.7	Carry Each Other's Burdens	Galatians 6:1-5
WOM7.8	Paul's Sisters in the Faith	Romans 16:1-7, 12-15
WOM7.9	Love One Another as I Have Loved You	John 15:12-17

WOM8 The Godly Worker — *Worker*

ID	Topic	Scripture Passage
WOM8.1	Made to Work and Keep	Genesis 2:15; Proverbs 31:13-19
WOM8.2	Ruth Works in the Fields	Ruth 2:1-23
WOM8.3	Lydia: A Businesswoman Who Opened Her Home	Acts 16:13-15, 40

ID	Topic	Scripture Passage
WOM8.4	Priscilla: Working with Her Hands for the Gospel	Acts 18:1-3; Romans 16:3-5
WOM8.5	Dorcas: Always Doing Good	Acts 9:36-42
WOM8.6	Work as for the Lord	Colossians 3:22-25
WOM8.7	The Diligent and the Lazy	Proverbs 6:6-11; 10:4-5
WOM8.8	Work So You Can Give	Ephesians 4:28; 1 Thessalonians 4:11-12
WOM8.9	Honest Scales and Honest Gain	Proverbs 11:1; 16:8

WOM9 The Godly Girlfriend: Pursuing Marriage God's Way — *Girlfriend to Engaged*

ID	Topic	Scripture Passage
WOM9.1	Don't Awaken Love Until the Time Is Right	Song of Songs 2:7; 8:4-7
WOM9.2	Rebekah: Led by God to Her Husband	Genesis 24:50-67
WOM9.3	Ruth and Boaz: Honor, Patience, and Protection	Ruth 3:1-18
WOM9.4	Control Your Own Body in Holiness and Honor	1 Thessalonians 4:1-8
WOM9.5	Don't Team Up with Unbelievers	2 Corinthians 6:14-18
WOM9.6	Love or Control? Signs of a Safe Man	Proverbs 22:24-25; Ephesians 5:25-29
WOM9.7	What to Look For in a Man	Psalm 15:1-5; Titus 2:6-8
WOM9.8	Joseph and Mary: Faithful Under Pressure	Matthew 1:18-25
WOM9.9	Gomer: God's Love Pursues and Restores	Hosea 2:14-20; 3:1-3

WOM10 The Godly Wife — *Wife*

ID	Topic	Scripture Passage
WOM10.1	Leave, Cleave, One Flesh	Genesis 2:24; Matthew 19:3-9
WOM10.2	Submit to One Another: Love and Respect	Ephesians 5:21-33
WOM10.3	Gentle and Quiet Strength	1 Peter 3:1-7
WOM10.4	Her Husband Can Trust Her	Proverbs 31:10-12, 23, 28-29
WOM10.5	Abigail: Wise When Her Husband Was a Fool	1 Samuel 25:2-42
WOM10.6	Give Each Other What Is Due	1 Corinthians 7:2-5
WOM10.7	Faithful to Your Covenant	Malachi 2:13-16; Hebrews 13:4
WOM10.8	She Praises Her Husband	Song of Songs 5:10-16
WOM10.9	Sarah: Laughing at What God Can Do	Genesis 18:9-15; 21:1-7

WOM11 The Godly Mother — *Mother*

ID	Topic	Scripture Passage
WOM11.1	Teach Them Diligently, Everywhere	Deuteronomy 6:4-9
WOM11.2	The Shunammite Mother's Faith	2 Kings 4:8-37
WOM11.3	Hannah Gives Her Son to God	1 Samuel 1:21-28; 2:18-21
WOM11.4	Lois and Eunice: Passing On Faith	2 Timothy 1:3-7; 3:14-15
WOM11.5	Mary Raises Jesus	Luke 2:41-52
WOM11.6	As a Mother Comforts Her Child	Isaiah 66:12-13
WOM11.7	Correction with Love	Proverbs 29:15-17; Ephesians 6:4
WOM11.8	Her Children Stand and Bless Her	Proverbs 31:26-31
WOM11.9	A Mother Who Wouldn't Give Up	Matthew 15:21-28

WOM12 Mothering from Inside and Making Things Right — *Mother*

ID	Topic	Scripture Passage
WOM12.1	God Never Forgets His Child	Isaiah 49:13-16
WOM12.2	Jochebed Lets Go and Trusts God	Exodus 2:1-10
WOM12.3	Hagar: God Hears the Child When She Can't Help	Genesis 21:14-21
WOM12.4	Naomi Comes Home Bitter and Is Restored	Ruth 1:19-22; 4:14-17
WOM12.5	Turning the Hearts of Parents to Their Children	Malachi 4:5-6; Luke 1:17
WOM12.6	Make Peace as Far as It Depends on You	Romans 12:17-21
WOM12.7	Go and Be Reconciled	Matthew 5:23-24
WOM12.8	Love Written in Letters	2 John 1-6, 12
WOM12.9	God Restores the Years the Locusts Ate	Joel 2:25-27
WOM12.10	Speaking a Mother's Blessing	Numbers 6:24-26; Proverbs 31:28

WOM13 Spiritual Mother, Mentor, and Older Woman — *Older Woman*

ID	Topic	Scripture Passage
WOM13.1	Older Women Train Younger Women	Titus 2:3-5
WOM13.2	Naomi Guides Ruth	Ruth 2:17-23; 3:1-5
WOM13.3	Deborah, a Mother in Israel	Judges 4:4-10; 5:7
WOM13.4	Priscilla Teaches Apollos	Acts 18:24-28
WOM13.5	Phoebe: A Servant Paul Trusted	Romans 16:1-2
WOM13.6	Anna: Old, Faithful, Still Speaking	Luke 2:36-38
WOM13.7	Like a Mother Caring for Her Children	1 Thessalonians 2:7-12
WOM13.8	Passing It On	2 Timothy 2:1-2
WOM13.9	Gray Hair, Still Bearing Fruit	Psalm 92:12-15; Proverbs 16:31

Level 2: Study Helps

Each session: **Look Back:** How are you? Did you do last week's practices? **Look Up:** Read the passage aloud, have someone retell it, and use the questions for that set. **Look Forward:** What will I obey? Who will I share this with? Pray for each other by name.

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WOM0 How a Godly Woman Grows: From Grace to Love

> *"In view of all this, make every effort to respond to God's promises. Supplement your faith with a generous provision of moral excellence, and moral excellence with knowledge, and knowledge with self-control, and self-control with patient endurance, and patient endurance with godliness, and godliness with brotherly affection, and brotherly affection with love for everyone."*
> **2 Peter 1:5-7 (NLT)**

What this set is about

This set shows the engine behind every other set. Peter says God's power has already given us everything we need for a godly life, by knowing Him, along with His great promises. Because of that, we make every effort to respond: we add to our faith, step by step, until it ends in love. Paul says God's grace itself trains us to turn from godless living and to live with wisdom, righteousness, and devotion to God while we wait for our hope. Faith and love grow out of hope (Colossians 1:5). The four "hinge" virtues Christians have taught for centuries, wisdom, justice, courage, and self-control, are all here, lived out by real women: a wise woman who saved her city, five sisters who asked for justice, a queen who risked her life, and a forgiven woman who loved much.

Discover (use with any passage in this set)

1. What has God already given or promised in this passage?
2. What part does faith play? What part does her effort play?
3. Which hinge virtue shows up here, and how does it lead to love?
4. Which virtue do I most need God to grow in me right now?

Practice alone

Memorize the five-line chain below. Each week, pick one hinge virtue, memorize its verse, and practice it in one specific way.

Practice with others

Each week, tell your group which virtue you're working on and how it's going. Ask them where they see it growing in you, and where they don't.

The chain to memorize

> **Grace gives the promises.** *(2 Peter 1:3-4; Titus 2:11)*
> **Hope looks ahead to them.** *(Colossians 1:5; Titus 2:13)*
> **Faith takes hold of them.** *(2 Peter 1:5; Romans 5:1-2)*
> **Virtue practices them, with every effort.** *(2 Peter 1:5-7; Titus 2:12)*
> **Love is where it all leads.** *(1 Corinthians 13:13; 1 Timothy 1:5)*

The four hinge virtues, all aimed at love

Christians have called these the cardinal virtues, from the Latin *cardo*, a door hinge, because a whole life swings on them. Each one is a way love acts.

Hinge	In plain words	Key verses and a woman who lived it	How it serves love
Wisdom (prudence)	Seeing clearly and choosing well	Proverbs 31:26; James 3:17. Lived by the wise woman of Abel (2 Samuel 20) and Abigail (1 Samuel 25)	Love that knows what is truly good for God and others (Philippians 1:9-10)
Justice	Giving God and every person what is due	Micah 6:8; Romans 13:7-8. Lived by the daughters of Zelophehad (Numbers 27)	Love that pays its debts and protects the weak (Romans 13:8-10)
Courage (fortitude)	Doing right when it costs, and enduring	Joshua 1:9; Proverbs 31:25. Lived by Esther (Esther 4:16)	Love that never gives up and endures through every circumstance (1 Corinthians 13:7)
Self-control (temperance)	Ruling appetites, temper, and tongue	Titus 2:5, 12; Galatians 5:23. Lived by Hannah, who took her pain to God instead of fighting (1 Samuel 1:6-18)	Love that says no to self so it can serve others (Galatians 5:13)

WOM1 The Wounded Heart and the God Who Sees

> *"The LORD is close to the brokenhearted; he rescues those whose spirits are crushed."*
> **Psalm 34:18 (NLT)**

What this set is about

Many women inside have been hurt by fathers, mothers, or men who were supposed to protect them. Most have lived through violence. God steps into that pain personally. When Hagar was used, mistreated, and alone, God found her, and she named Him "the God who sees me." Tamar's story tells the truth: what was done to her was evil, and the shame belongs to the one who did it. Jesus touches the bent-over woman and calls her a daughter of Abraham. God adopts us as His daughters and gives beauty for ashes. Ezekiel 18 says you are not doomed to repeat what was done to you. Godly womanhood starts with being seen and loved by the Father.

Discover (use with any passage in this set)

1. What does God see, say, or do for the hurting person in this passage?
2. How did people treat her? How did God treat her?
3. Where do I see my own story here?
4. What would change if I believed God sees me and calls me His daughter?

Practice alone

Write a letter to God about your story: what you were given, what you were missing, and what hurt. Then read Genesis 16:13 and Psalm 34:18 out loud.

Practice with others

Share part of your story with one trusted sister, only what feels safe. Pray for each other as daughters of the Father.

WOM2 What Is a Godly Woman?

> *"So God created human beings in his own image. In the image of God he created them; male and female he created them."*
> **Genesis 1:27 (NLT)**

What this set is about

A woman bears God's image as fully as a man does. God made the woman an *ezer*, a helper, the same word the Bible uses for God Himself as Israel's help. It means strength alongside, not weakness. Eve was deceived, but

God's very first promise of a Savior came through “the woman” and her offspring (Genesis 3:15). Proverbs 31 paints a woman of valor: strong, wise, hardworking, generous, and unafraid of the future. Jesus welcomed women as disciples, and women were the first witnesses of His resurrection. The world's version of womanhood says your worth is your looks, your body, or your man. God says your worth is His image in you, and your beauty is a heart that fears the Lord.

Discover (use with any passage in this set)

1. What does this passage show about how God sees women?
2. What strength or gift do I see in this woman?
3. What lies about being a woman does this passage answer?
4. What kind of woman is God calling me to become?

Practice alone

Read Proverbs 31:10-31 and circle every action word. Write down one quality you want God to grow in you, and pray about it every day this week.

Practice with others

Tell your group one lie you believed about what makes a woman valuable, and one truth from this set that answers it.

WOM3 Wisdom for Daughters: Proverbs and the Two Women

> *“Charm is deceptive, and beauty does not last; but a woman who fears the LORD will be greatly praised.”*
> **Proverbs 31:30 (NLT)**

What this set is about

Proverbs is a parent talking to a child, and both father and mother teach (Proverbs 1:8). For a woman who never had a parent to guide her, Proverbs is God sitting her down. Wisdom is pictured as a woman calling in the streets, and so is Folly. Every day both are calling, and you choose which one to follow. Proverbs tests wisdom in the same places it is tested inside: the crew that offers easy money, words, temper, friendships, men, and money. It begins with the fear of the LORD (1:7) and ends with a woman who fears the LORD (31:30).

Discover (use with any passage in this set)

1. What is this passage warning about or urging me toward?
2. Where have I seen this play out in real life, maybe in my own?
3. What would my life look like if I had listened to this at 15?
4. What is one piece of this wisdom I need to obey now?

Practice alone

Read one chapter of Proverbs a day: the chapter that matches the date. In 31 days you'll finish the book. Write down one verse each day to obey.

Practice with others

Ask an older believing woman to read Proverbs 1–9 with you, one chapter a week, and to speak to you like a mother.

WOM4 The Woman in the Secret Place

> *“There is only one thing worth being concerned about. Mary has discovered it, and it will not be taken away from her.”*
> **Luke 10:42 (NLT)**

What this set is about

Who a woman is with God when no one is watching is who she really is. Mary of Bethany chose to sit at Jesus' feet, and He said it would not be taken from her. Hannah, provoked and misunderstood, poured out her soul to God instead of fighting back, and God answered. Mary, the mother of Jesus, treasured God's words and thought about them in her heart. The persistent widow kept asking. A cell, a bunk, or a quiet corner can become a secret place where the Father meets you.

Discover (use with any passage in this set)

1. What did this woman do when she was alone with God?
2. What did she bring to God: pain, praise, or a request?
3. What happens in my life when no one is watching?
4. What one secret-place habit could I start this week?

Practice alone

Build a daily secret-place rhythm: S.W.A.P. each morning (Surrender, Wait in prayer, Avoid even a hint of sin, follow the Prompting), Bible reading, and the evening “Search Me” prayer.

Practice with others

Tell a sister your rhythm and ask her to check on you about it once a week.

WOM5 Strength Under Control: Tongue, Temper, Appetites, and Worth

> *“Guard your heart above all else, for it determines the course of your life.”*
> **Proverbs 4:23 (NLT)**

What this set is about

Titus 2 trains women to live wisely and with self-control. A woman who can't rule her tongue, temper, appetites, or longing for attention is like a city with broken walls. Gossip and drama tear down a unit and a family. Eve saw that the fruit looked good, and desire led to death. Many women have been taught that their worth is their body or how men look at them. God says your body is His temple, you were made wonderfully, and real beauty is a gentle, quiet, strong spirit. This set connects to the Strength Under Control (anger), Dangerous Desires, and Words of the Mouth sets for deeper work.

Discover (use with any passage in this set)

1. What is out of control in this passage, and what does it cost?
2. What does a self-controlled woman look like here?
3. Which is hardest for me: tongue, temper, attention from men, food, or substances?
4. What would self-control in that area look like this week?

Practice alone

Pick your hardest area. Write one rule for yourself this week (“I won't repeat what I hear about others,” “I won't write to men who pull me away from God”) and keep it.

Practice with others

Ask a sister to hold you to your one rule for the week, and to tell you the truth when she sees you slipping.

WOM6 The Godly Daughter

> *“Daughter, your faith has made you well. Go in peace. Your suffering is over.”*
> **Mark 5:34 (NLT)**

What this set is about

Honoring parents is the first commandment with a promise. Honor doesn't require pretending a parent was good, staying in danger, or obeying a parent who leads you into sin. It means speaking respectfully, forgiving, praying for them, and caring for them as you are able. Esther listened to Mordecai, who raised her. Jesus cared for His mother while He was dying. And Jesus Himself calls a healed woman “Daughter.” Every woman, whatever her family was like, can be a daughter of the Father and a daughter who brings honor.

Discover (use with any passage in this set)

1. How does this daughter honor (or dishonor) a parent?
2. What does honor look like when a parent has failed?
3. How can I honor my mother and father from where I am right now?
4. What would it take for me to bring my family joy instead of grief?

Practice alone

Pray for each of your parents by name. Write down one thing you can honestly thank each one for.

Practice with others

Write a letter of honor to a parent (or a parent figure) and read it to your group before you send it. If a parent is unsafe, honor them in prayer instead.

WOM7 The Godly Friend and Sister

> *“But Ruth replied, ‘Don’t ask me to leave you and turn back. Wherever you go, I will go; wherever you live, I will live. Your people will be my people, and your God will be my God.’”*
> **Ruth 1:16 (NLT)**

What this set is about

Godly women need godly sisters. Ruth bound herself to Naomi when Naomi had nothing to give. Mary ran to Elizabeth, and they rejoiced together. Rachel and Leah show how rivalry for love can poison a family. Paul begged two women in Philippi to make peace, and he named many women as his co-workers. Inside, “friends” can mean cliques, drama, gossip, or using each other. God offers something better: sisterhood that is loyal, honest, and points each other to Jesus.

Discover (use with any passage in this set)

1. What made this friendship godly (or ungodly)?
2. What did it cost one sister to be loyal to the other?
3. Who are the people shaping me right now? Are they making me sharper or duller?
4. Who needs me to be a Ruth or an Elizabeth?

Practice alone

Make two lists: people who sharpen you and people who pull you down. Ask God what to do about each list.

Practice with others

Form a group of two or three sisters who meet weekly to read Scripture, confess, and pray. Agree together: no gossip about each other or anyone else.

WOM8 The Godly Worker

> *“She is energetic and strong, a hard worker.”*
> **Proverbs 31:17 (NLT)**

What this set is about

Work is part of how women reflect God. The woman of valor buys a field, plants a vineyard, makes and sells goods, and works late, and she does it with strength and dignity. Ruth gleaned all day to feed Naomi. Lydia ran a business and opened her home to the church. Priscilla made tents and served the gospel beside Paul. Dorcas used her hands to clothe the poor. The hustle says get money any way you can. God says work honestly, so you can provide and give. The job you have inside, however small, is training for the work God has for you outside.

Discover (use with any passage in this set)

1. How did this woman work, and what difference did God make in her work?
2. What does this passage say about honesty, diligence, or generosity?
3. How do I treat my work assignment, my supervisor, and my coworkers?
4. What skill or habit do I need to build now for work on the outside?

Practice alone

Do your current job as if Jesus were your supervisor this week. Pick one skill to start learning (reading, a trade, a GED subject, budgeting).

Practice with others

Ask a working believer (on the inside or a mentor outside) how she handles a hard boss, money, and integrity at work.

WOM9 The Godly Girlfriend: Pursuing Marriage God's Way

> *“Promise me, O women of Jerusalem, by the gazelles and wild deer, not to awaken love until the time is right.”*
> **Song of Songs 2:7 (NLT)**

What this set is about

A godly woman doesn't wake up love before its time, and she doesn't give her heart or body to whoever pays attention. Ruth waited for a man of character, and Boaz protected her reputation and did things the right way, in public. Rebekah's marriage was led by prayer. Scripture shows what a safe man looks like: not angry and controlling, but loving and self-giving like Christ. Many women inside have been in relationships with men who used, controlled, or hurt them. That doesn't have to be your future. And if your past is full of broken relationships, Hosea shows a God who pursues, forgives, and restores.

Discover (use with any passage in this set)

1. How does the man in this story treat the woman? What does that reveal about him?
2. What is the difference between love and control, or love and lust?
3. What patterns from my past relationships do I need to repent of or be healed from?
4. What kind of woman do I need to become before I'm ready to be someone's wife?

Practice alone

Write a relationship commitment: what you will and won't do, who you will and won't write or call, and why. Pray for your future husband (or for contentment as a single woman).

Practice with others

Ask a married believing woman to tell you what she wishes she'd known before marriage, and to hold you to your commitment.

WOM10 The Godly Wife

> *"Her husband can trust her, and she will greatly enrich his life. She brings him good, not harm, all the days of her life."*
> **Proverbs 31:11-12 (NLT)**

What this set is about

Marriage is a picture of Christ and the church. Paul begins with "submit to one another out of reverence for Christ" (Ephesians 5:21). He calls husbands to love sacrificially like Jesus and wives to respect their husbands and follow their lead. Peter describes a wife's strength as a gentle and quiet spirit that trusts God. None of this ever means accepting abuse. Abigail acted wisely to stop her foolish husband from bringing harm, and Scripture praises her. A godly wife is faithful, trustworthy, and a builder of her home. She brings her husband good, not harm.

Discover (use with any passage in this set)

1. What does this passage ask of a wife? What does it promise?
2. How does Jesus' love for the church shape a marriage?
3. Where have I torn down instead of built up?
4. If married, what is one way to build up my husband this week, even from inside?

Practice alone

Read Proverbs 31:10-31 and Ephesians 5:21-33. Write down every way the wife brings good to her household. Ask God which one to grow in first.

Practice with others

If married, write your husband a letter that praises him specifically and asks how you can pray for him. If single, discuss with your group what godly love looks like in daily life. If your marriage is unsafe, talk with a chaplain or counselor (see the care note in the deep dive).

WOM11 The Godly Mother

> *"I remember your genuine faith, for you share the faith that first filled your grandmother Lois and your mother, Eunice. And I know that same faith continues strong in you."*
> **2 Timothy 1:5 (NLT)**

What this set is about

A godly mother passes on faith in everyday life. Timothy's faith first lived in his grandmother and his mother. Hannah prayed for her son and gave him to God. The Shunammite woman and the Canaanite mother would not give up when their children needed God. God Himself says He comforts His people like a mother comforts her child. Correction matters too, but done with love, not rage. No matter how you've failed, you can start now: pray for your children, bless them, and show them Jesus.

Discover (use with any passage in this set)

1. What did this mother do well or poorly?
2. What did my mother give me, and what did I miss?
3. What do my children need most from me right now?
4. What is one step I can take toward my children this week?

Practice alone

Write down each of your children's names, ages, and one thing you know they love. Pray a blessing over each one by name daily.

Practice with others

Share with your group one way you've failed as a mother and one step you're taking. Let them pray for you and your children.

WOM12 Mothering from Inside and Making Things Right

> *"Never! Can a mother forget her nursing child? Can she feel no love for the child she has borne? But even if that were possible, I would not forget you!"*
> **Isaiah 49:15 (NLT)**

What this set is about

Being apart from your children is one of the deepest pains of being inside. Jochebed had to let her son go into a basket and into the care of another woman, and God brought him back to her arms. When Hagar could do nothing for her son, God heard the boy crying. God says even if a mother forgot her child, He would never forget you, or your children. You can turn your heart toward your children from where you are: through letters, calls, prayer, honoring the people caring for them, and making things right with their father where it is safe. God restores what was lost.

Discover (use with any passage in this set)

1. What does this passage show about repairing broken relationships?
2. Who in my family have I wronged? What would making it right look like?
3. How can I honor the people caring for my children right now?
4. What blessing do my children need to hear from me?

Practice alone

Write a blessing for each child, using Numbers 6:24-26 as a model, and add one specific thing you see in them that God made good.

Practice with others

Read your letters or blessings to a trusted sister before you send them. Ask her to check that they are humble, honest, and kind.

WOM13 Spiritual Mother, Mentor, and Older Woman

> *"Similarly, teach the older women to live in a way that honors God. They must not slander others or be heavy drinkers. Instead, they should teach others what is good. These older women must train the younger women to love their husbands and their children…"*
> **Titus 2:3-4 (NLT)**

What this set is about

The goal of godly womanhood is not just to become a good woman but to become a mother to others: a woman who passes on what she has received. Naomi guided Ruth into a new life. Deborah arose as a mother for Israel. Priscilla took Apollos aside and explained the way of God more accurately. Anna, very old, never stopped worshiping and speaking about Jesus. Paul described his care for new believers as a mother caring for her children. Every woman inside can begin as a spiritual mother to someone younger in the faith.

Discover (use with any passage in this set)

1. How did this older woman invest in a younger person?
2. What qualities make someone worth imitating?
3. Who invested in me? Who am I investing in?
4. Which Titus 2 qualities am I growing in, and which are missing?

Practice alone

Read Titus 2:3-5 and rate yourself honestly on each quality. Ask God to grow the weakest one.

Practice with others

Ask God to show you one younger woman to invest in. Meet with her weekly to read Scripture, pray, and pass on what you've learned (see the mentoring guide in the deep dive).