Lesson 3 - Heart and Field Cycle & God's Glory

Review
What were your top takeaways from Lesson #2?

Paper Tossing Game
For the game, you will need...

- 20 paper balls in a bag
- 3 trash cans or buckets
- Tape the #5 on the bottom one 1, tape #10 on the bottom of one, & tape #50 on the bottom the last one
- Put the bucket with the #5 in the middle of the other two
- Make a "line" several feet away from the baskets or buckets

Tell the group they are going to play a game and you need three volunteers. The goal is to score as many points as they can in 15 seconds.

The trainer demonstrates first, by standing behind the "line" and tossing mostly at the one in the middle with "5" on the bottom.

Have the three volunteers come up.

First Volunteer:

- Gather all the balls in the bag.
- Say "go" and time the first one as he/she throws (give them 15 sec).
- Add up the score so the remaining participants can see the score on bottom (this will give them an unspoken criteria so they aim more intentionally).
- Gather all of the paper balls into bag and hand them to participant 2.

Second Volunteer:

- Let this person go. Add up his/her points.

Third Volunteer:

- Before the last volunteer goes, remind him/her that the only instructions given were to score as many points as possible.
- Most will realize they can take the whole bag and dump it in the trash can marked 50. If they don't realize it, tell them before the time's up.

Ask the participants:

- How does this game relate to our vision?
- What can we learn about church-planting or disciple-making from this game?

[*Option to break into groups*. Small groups ~4. Have them answer the two questions above. Give them about 5 minutes in the small group.]

After people have shared, give an example of an application from the game from your own experience or use the one below from another church planter.

"When I first started trying to plant churches, I wasn't sure how to start so I began doing what others around me were doing."

Just like in the game, our first player followed the example he saw, but it wasn't the best example.

"It wasn't bad, it just wasn't high value. Once I knew what high value was, I began trying to do those things."

Just like our second player.

"Sometimes I did things a certain way because others had rather than simply do what was best. As I learned, I was responsible to spend my TIME doing things that were most pleasing to God and of GREATEST VALUE."

<u>7 Ongoing Elements in a Movement (7 Ways to Raise the Sails for Movement)</u>

1. **Focus on God's Word** (palms up and hands together like a book)
2. **Multiply Extraordinary Prayer** (Cross arms like an X)
3. **Cast Vision** (like you're holding a fishing pole and casting line)
4. **Train Believers to go out among the lost** (like your curling dumbbells)
5. **Go Out Among the lost** (point upward and to the side)
6. **See Groups Start** (hand roll)
7. **Ongoing Coaching** (baseball signals with your hands)

<u>Heart & Field Cycle</u>

This cycle describes the key components we see in movements. Each movement has plans and implementations of these key components that can be understood and followed by everybody in the movement. One key to movements is that most people do understand and implement these same basic components. Of course each movement is

unique – but the principles are similar.

Go through the Heart & Field Cycle at the end of this lesson.

DBS - John 17:1-5

Before you begin with the passage for this week, ask:

- Can anyone remember and share in their own words the passage we applied last week? (John 6:44-45 - We will all be taught by God)
- Did you DO what you said you were going to do last week and did you SHARE with the person you said you would share with?
- How did 3-2-1 go (one hour with Jesus each day, one hour among the lost, one hour in corporate prayer)?
- How was your prayer walk?

We are adding the remaining 3 questions to the 7-Question DBS Process today.

1. What are you thankful for today?
2. What are you stressed about or struggling with?
3. Is there anything this group can do to help with those challenges or stresses, or is there any other need we can meet together?

Have 2 people read John 17:1-5 (ideally in 2 different translations).
Have everyone restate it in their own words (let the group help people to get it right).

Discuss the following questions:

4. What does this passage teach us about God (Father & Son)?
5. What does this passage teach us about people?
6. What should you do this week in response to this passage? (I will...)
7. Who should you share with this week?

Go Through Heart & Field Cycle

This is just an illustration. In reality, the process doesn't necessarily go from one step to the one that numerically follows it.

[*Option to break into groups*. Small groups ~4. Have them answer this question: What is something that became more clear to you about DMM through the Heart & Field cycle?]

Challenge This Week

- Keep doing 3-2-1

- Write out & share the Heart & Field cycle at least once this week.
- Spend time each day this week praying through the Heart & Field Cycle & asking God that he would use you to make reproducing disciples & plant reproducing churches. As you do this, think about who around you is lost and needs to know the eternal life that Jesus offers. If we are going to use our time in things that have the highest value, then we should have relationships with those who need Jesus.

