Lesson 1 - Extraordinary Prayer

Introduction
Have people introduce themselves & share why they've come to the training.

Prayer (ideally have the group kneel beside their chair)
Pray that we would hear from God through this training.
Pray that we would become more effective disciple-makers & church planters.
Pray that we would be a part of reaching our entire people group.

Revelation 7:9-12
Have 2 people read this out loud (ideally in 2 different translations).

Ask: What should the church strive to accomplish? What is the end goal?

The end goal is that we see as many people as possible from every nation, tribe, people and language would be worshiping God with us in heaven one day.

We need a movement of God in order to see this happen.

Without exaggeration we can say that Church Planting Movements are the most effective means in the world today for drawing lost millions into saving, disciple-building relationships with Jesus Christ. That may appear to be an ambitious claim, but it is an accurate one, and an honest description of how God is winning a lost world. -- Dr. David Garrison (from his book *Church Planting Movements*)

We don't want to be satisfied with just a few people from every group; we want to see MANY from every group worshipping before the throne.

Have 1 person pray God would use us to be a part of this.

"*If You Keep Doing What You've Been Doing, You'll Keep Getting What You've Been Getting*"

These are the words on a poster that greets many missionaries as they commence Church Planting Movements training. It has become something of a mantra that renowned CPM trainers, Bill Smith and Neill Mims, have used to jolt frustrated missionaries out of their fruitless patterns and into new ways of looking at their community and ministry.

[*Option to break into groups*. Small groups ~4. Have them answer: What is something you heard that stood out to? Give them about 5 minutes in small group.]

DMM Definition
Obedience-based discipleship that sees disciples reproducing disciples, leaders

reproducing leaders, churches reproducing churches and movements reproducing movements.

There are over 1,300 documented Church Planting Movements in the world. Church Planting Movements (CPMs) are consistent 4th generation reproduction of churches in multiple streams among lost people in a relatively short period of time.

4th generation doesn't mean you've started 4 churches, it means your church has started a church which started a church which started a church. Think about it like great-grandparents → grandparents → parents → children.

The average movement has close to 100,000 believers. That makes even the average movement larger than the largest American church. In the January 2019 report by Beyond researcher Justin Long, there were only 2 reported movements in all of North America.

There are 73.4 million believers in all these movements combined and most of these are among unreached people groups in the last 25 years.

Each CPM is unique but also shares common principles which is what this DMM training is based on. This DMM training is being used by God to start CPMs around the world.

We received a recent update (Nov 2020) of a team of 3 that implemented this training & they've now seen 70,000 churches planted and ~500,000 baptized in the past 8 years.

Making disciples (DMM) leads to church planting (CPM). Often in the American church, we start churches hoping to get disciples, but many times it doesn't happen.

In this training, you should reproduce everything we are doing as you train others.

[*Option to break into groups*. Small groups ~4. Have them answer: What is something you heard in the defnition of DMM or CPM that is different from what you are currently doing? Give them about 5 minutes in small group.]

<u>Extraordinary Prayer (and Fasting)</u>
One of the universal principles in every CPM is "extraordinary prayer." All movements are founded in extraordinary prayer (See David Garrison's book referenced above for all of the universal principles).

One thing is for certain – prayer and fasting is foundational to movements because at the end of the day it's the Holy Spirit who starts movements.

We pray because our vision exceeds our abilities. Prayer is the soul's deepest cry of rebellion against the way things are. It's seeing the lost of this world and crying out,

"This does not glorify God, and so, by God's grace, it must change." --Dr. David Garrison (in book referenced above)

In movements around the world, the average believer prays 2 hours/day (devotional life: includes Bible reading, etc.) and it's common for their churches to have weekly or monthly all night prayer meetings (see *Miraculous Movements* by Jerry Trousdale for more info).

If you want to make your prayer life more extraordinary,take what you are doing right now with prayer (what is ordinary for you) and add something extra to it as further obedience and reliance on God.

Discovery Bible Study (DBS)
We discover from Scripture what God wants us to know. It's not a teaching method as much as a learning through questions and facilitation method. We let the Holy Spirit be our teacher. We'll lead you through the process next.

DBS - Mark 11:20-25
Have 2 people read this out loud (ideally in 2 different translations).
Have each person in the group repeat it in their own words (the group can help and correct).

1. What does this passage teach us about God?
2. What does this passage teach us about people?
3. What should you do this week in response to this passage to increase extraordinary prayer in your life and ministry? (Use "I will …")
4. Who should you share with this week?

Encourage them to write the answers down to the application questions they answered and be prepared to share at the next training how they did.

Challenge This Week:

Spend 3 hours this week with the Lord (Bible reading, prayer, journaling, etc)

Spend 2 hour this week going out among the lost (prayer walking, praying for people in stores, etc...

Spend 1 hour this week in corporate prayer (either start a prayer time as a group or invite them to another prayer time like eLife staff prayer times)

7 Ongoing Elements in a Movement *(7 Ways to Raise the Sails for Movement)*

1. **Focus on God's Word** *(palms up and hands together like a book)*
2. **Multiply Extraordinary Prayer** *(cross arms like an X)*
3. **Cast Vision** *(like you're holding a fishing pole and casting line)*
4. **Train Believers to go out among the lost** *(like your curling dumbbells)*
5. **Go Out Among the lost** *(point upward and to the side)*
6. **See Groups Start** *(hand roll)*
7. **Ongoing Coaching** *(baseball signals with your hands)*